

Let's get **REAL** about our mental health!



Join the Conversation!!

How does our mental health affect us as individuals? What about the impact on our kids, our families and our communities? What are our challenges in talking about, and taking care of, our mental health? How can we do better?

Let's talk about it!

Join us for this informal gathering. Help to raise awareness on an important topic and share your thoughts!

Please contact bentmanb@casdschools.org

to let us know you're attending!

When: Thursday, November 9, from 7:00 PM — 8:30 PM

Where: Gordon Early Literacy Center,

351 Kersey St, Coatesville, PA 19320



Sponsored by Chester County Department of Mental Health/Intellectual & Developmental Disabilities in collaboration the Coatesville Area School District and the Brandywine Health Foundation.